



National Educational Leaders in Mental Health Courses

from the National Network of Mental Health Leads

Supporting local delivery of courses to make a *real* difference to *your* staff and pupils



Become an National Educational Lead in Mental Health and gain a Level 4 qualification

Supported by:



The British Psychological Society



About us

The National Network of Mental Health Leads exists to provide training, continuing professional development, networking and representation for leads in schools or colleges. Established by a consortium developed to deliver training for mental health leads, the Network is administered by The Root Of It and supported by the British Psychological Society, Society of Occupational Medicine and Open Awards. The consortium of training providers covers England and includes local authorities, mental health support teams, psychology services and other local training providers.



Benefits of accessing courses from the National Network of Mental Health Leads

- delivered by local or specialist trainers
- turn learning into impact in learner's setting
- one year's CPD included
- gain a qualification
- be a part of something bigger.

Course aims

To explore the topics relating to a Mental Health Lead role in more depth and develop leader's staff and pupil mental health skills, knowledge and understanding.

Course contents

The course is delivered in nine modules. Each module is followed by activities in a portfolio to help embed the learning in the learner's setting.

- Department for Education role requirements
- Internal and external stakeholders
- Support for mental health leads
- Mental health mission statement
- Culture and ethos
- Cultural factors affecting mental health
- Staff wellbeing
- Leadership approaches
- Supporting cultural change
- Supporting individual change
- Challenging bias, stigma or prejudice
- Supporters and blockers
- Values and attitudes
- Formations of values and attitudes
- Legal requirements for staff wellbeing
- Inspections
- Pupil voice in provision planning
- Pupil voice in provision implementation
- Peer-led mental health initiatives
- Coproduction
- Barriers to engagement with parents, carers and families
- Supporting wellbeing at home
- Supporting wellbeing in the local community
- Supporting staff wellbeing
- Coronavirus and mental health
- Stress and role risk assessments
- Staff training
- Identifying evidence-based resources and resource quality assessments
- Adverse childhood experiences
- Identification of difficulties
- Referral route for support
- Referral outcomes
- Whole-setting mental health provision
- Screening and tracking wellbeing and mental health difficulties
- Role of different mental health professionals
- Local services (statutory and independent)
- Common questionnaires used by mental health professionals
- Good practice for making referrals
- Relationships and Health Education/Relationships, Sex and Health Education curriculum

Assessment and Qualification

Learners submit their completed portfolio and once it is marked, learners can a certificate as a National Educational Leader in Mental Health, and also a Level 4 Certificate in Mental Health Aware Leadership (Educational Leader) from Open Awards.



Who is this course for?

This course is aimed at headteachers, principals, deputies or assistant headteachers, local authority staff or multi-academy trusts who have oversight or involvement in both staff and pupil mental health and wellbeing.

This course is not suitable for those who are not in a senior leadership position, they should undertake the Advanced Designated Mental Health Lead course.

Benefits of attending this course

- School or college improvement
- Improved knowledge
- Increased skills with dealing with resistance
- Improved skills with engaging with pupil voice, parents, carers, families and the community
- Increased consideration for staff wellbeing
- Assess resources and interventions for effectiveness
- Increased confidence to advise others
- Evidence of good practice
- Review mental health protocols
- More in-depth understanding of mental health professionals
- Accreditation

Booking

For individual booking please head to www.mentalhealthlead.com.

For group bookings, please contact our team on 02381 120010 or info@rootofit.com.

